



WHAT TO DO FOR YOURSELF

- Stay healthy
- Look after your skin
- Discuss all blood thinning medications before surgery

CONTACT

PHONE:
07 543 1854

WEBSITE:
www.georginachan.org

EMAIL:
chan@orthocentre.co.nz



TOTAL HIP REPLACEMENT

WHAT IS IT?

A hip joint replacement involves removing the damaged cartilage and bone. It is replaced with a metal stem, a ball, a plastic liner and a socket, recreating a new ball and socket joint. The aim is to reduce hip pain arising from the damaged joint and improve ability to return to normal activities of daily life.

EXPECTATIONS OF SURGERY AND REHABILITATION

Total hip joint replacement is a procedure designed to improve your quality of life by relieving pain and improving function. Overall post-operative patients generally have a 95% chance of being satisfied for at least 10 years. Everyone is different and each patient will experience a different rehabilitation pathway. We will navigate this together.

RISKS

- Infection – This is rare at 1% but is a serious complication and may require a joint revision.
 - Blood clots – The risk is reduced by taking a blood-thinner after surgery.
 - Dislocation – <1%, may be avoided by following advice on precautions. Further surgeries may be required.
 - Leg Length – It is common to have some minor changes in leg length and usually goes unnoticed. At times it is unavoidable to achieve stability in the new hip.
-